

Calhoun County Schools

October 2020

Oct 5, 2020

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Monday	Tuesday	Wednesday	Thursday	Friday
			Oct - 1 Cheesy Chicken & Ric Broccoli Florets, FRZ Green Beans Cookie, Carnival Applesauce Whole Wheat Roll Milk Choice	Oct - 2 BBQ Pork Oven Fries Creamy Coleslaw Fruit Cocktail Toasted Bun Brownie, WG Milk Choice
Oct - 5 Crispito Cheddar Cheese, Shre Pinto Beans Tomatoes Sliced Peaches Milk Choice	Oct - 6 Chicken Fajita Cheddar Cheese, Shre peppers & onions CORN Applesauce Milk Choice	Oct - 7 Hamburger Glazed Carrots Broccoli Florets, FRZ Pineapple Milk Choice	Oct - 8 Hotdog Green Beans Sweet Potatoes Fries Pears Milk Choice	Oct - 9 Ham and Cheese Sand Carrot & Celery Sticks Mandarin Oranges Milk Choice
Oct - 12 Fall Break	Oct - 13 Fall Break	Oct - 14 Fall Break	Oct - 15 Fall Break	Oct - 16 Fall Break
Oct - 19 Quesadilla, Chicken W Cheddar Cheese, Shre Pinto Beans Tomatoes Pineapple Milk Choice	Oct - 20 Corndog Broccoli Florets, FRZ Sweet Potatoes Fries Mandarin Oranges Milk Choice	Oct - 21 Chix Sandwich Green Beans Green Peas Sliced Peaches Milk Choice	Oct - 22 Cheese Pizza Dippers Marinara Sauce WK Corn Glazed Carrots Fruit Cocktail Milk Choice	Oct - 23 Turkey & Cheese Sand Carrot & Celery Sticks Pears Milk Choice
Oct - 26 BBQ Pork Sandwich Broccoli Florets, FRZ Mandarin Oranges Milk Choice	Oct - 27 Burrito, Beef & Bean b Beans, Black. Low Sod Tomatoes Pineapple Milk Choice	Oct - 28 Cheeseburger Potatoes, Rds/Tots Glazed Carrots Fruit Cocktail Milk Choice	Oct - 29 Pizza, Pepperoni 4X6, WK Corn Green Beans Pears Milk Choice	Oct - 30 Ham and Cheese Sand Carrot & Celery Sticks Applesauce Milk Choice

Meals must have 1/2 cup fruit or vegetable.
Menu is subject to change.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.